Trans Lifeline supports the transgender and nonbinary communities through its suicide prevention hotline and microgrants program.

Bri Barnett, Director of Development and Interim Director of Communications, Trans Lifeline
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September is Suicide Prevention Month. While suicide rates have increased significantly in recent decades and has become one of the leading causes of death in America, the transgender and nonbinary communities are especially at risk for suicidal ideation and attempts. We spoke to Bri Barnett, director of development and interim director of communications at Trans Lifeline, a nonprofit trans suicide prevention hotline and trans microgrants resource center, about the causes behind trans suicide, online resources that support trans people, and how technology and policy can support the trans community.