Digital technologies can enhance how clinicians care for mental illnesses.

Adam Haim, Treatment and Preventive Intervention Research Branch Chief, NIMH
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Dr. Adam Haim from NIH's National Institute of Mental Health discusses digital mental health interventions, research on mobile health applications, and the accelerated adoption of telehealth by patients and providers during the COVID-19 pandemic. This is the third part of a series in recognition of Mental Health Awareness Month.

Check out our previous interviews in this series with Dr. Nora Volkow and Dr. Kelly Blasko.

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