Mobile apps play an important role in telemedicine and mental health. 

Kelly Blasko, mHealth Clinical Integration Lead, Defense Health Agency

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In part 2 of our series exploring mental health during the coronavirus pandemic, Kelly Blasko, a clinical psychologist and mobile health clinical integration lead for the Defense Health Agency Connected Health branch, discusses developments on apps to provide mental health tools for military health beneficiaries and how they’re helping users through the pandemic.

Missed the first part of this mental health series? Check out our conversation with Dr. Nora Volkow.